# Informed consent form for testing the ClickDiary Tool

**Title of the study:** Adapting Tools to Assess the Influence of Social Networks on Chronic Illness Management (CIM) among non-EU Migrants in Belgium: A Pre-test Study in Antwerp (MiChronicity)
**Supervisors:** dr. Joris Michielsen (Institute of Tropical Medicine, Antwerp) and prof. dr. Josefien van Olmen (University of Antwerp)
**Promotor:** Institute of Tropical Medicine, Antwerp

Thank you for your interest in this study on how we can best study the influence of social support networks on people's ability to cope with chronic illness and for accepting the invitation to participate in testing the ClickDiary tool.

This informed consent for complements the general Information Sheet (jPPP PIS_ICF Gen v-en.1.2 (11/04/2023)) which you received when the researcher explained you about the study during the intake interview. For general information of the study or the general rights as a participant, please consult this document. If you lost the document, please ask the research team for a new copy. With the current in informed consent form we provide you with more information on the test of the **ClickDiary** tool and ask to confirm your consent to test the tool. Please take time to ask questions if there are any uncertainties or if you require more information.

**Why are we doing this study?**
In this study, we are looking at how the use of digital apps can help us to collect information on social support networks and their role in how migrants seek health care and handle their chronic illnesses.

**What will my involvement be?**
In order to evaluate the tools, at this point, we invite you to the pre-testing of the ClickDiary tool that is adapted in this study. We ask you to keep the ClickDiary *for four days per month during three months (so 12 days in total).*Completing the ClickDiary takes maximum 5-10 minutes per session of use.

We ask you to log (note down) any contact that you had during the day in relation with your chronic illness and what kind of social support or help you got from this social tie. You will also be asked to describe how you feel each day that you use the ClickDiary.

After three months, you will be asked to complete an evaluation survey about the user-friendliness and relevance, and any issues you encountered while using the adapted tool.

You will receive a unique and secured link in an email. This link will give you access to a digital online platform where you can keep a health and contact diary. To ensure your privacy and that of the social ties you identify in the ClickDiary, please store the link in a safe place and do not share this link with other people.

The tool and survey are accessible on a digital platform, but can also be used offline, on asmartphone, laptop, tablet, or computer in a place at moments that suit you best.

**Do I have to take part? Can I stop being in the study?**
It is up to you to decide whether or not to take part. You do not have to take part if you do not want to. If you do decide to take part, we will ask you to sign this Informed Consent Form. This needs to be signed before you will receive the link that gives you access to the platform.

You can decide to stop participating in the study at any time, even after signing the Informed Consent Form, without having to give a reason. If the use of the tool makes you feel uncomfortable in any way, feel free to discuss this at any time with the research team. If you want to stop your participation in testing the ClickDiary tool, please send an email to the supervisors (see below).

If you withdraw from the study, we will not retain the information you have given thus far, unless you are happy for us to do so.

**What risks and costs can I expect from being in the study?**
Participation in any study may involve a loss of privacy. Information you provide about your social network and opinions about the tool will be registered in the tool and saved on the personal servers of the members of the research team. We will do our best to make sure that the personal information gathered for this study is kept private.

Apart from your time and commitment, no other costs are expected in the study. The use of the toolis free of charge. After downloading the tool, you can use it offline. The tool will upload the data when the device has a stable internet connection (e.g., WIFI at home, library, or public space).

**What will my information be used for?**
We will use the collected data for evaluating if the tools are well designed, user-friendly and provide enough and reliable information to study how social networks support migrants in coping with their chronic illness. At the end of the study, a report will be written and presented to the participants. The data will also be used for article publication in a scientific journal.

**Will my participation and my data be kept confidential? Will it be anonymized?**
All research data and audio recordings from this study will be kept as confidential as possible.

All documents that contain your personal information, such as your name, email addresses, phone number or address, will not be shared with anyone, except the members of the research team and few other people who have to keep it confidential, such as representatives of the Institute of TropicalMedicine, Antwerp, and the University of Antwerp. Your data will be pseudonymized with a unique ID number – your real name will not be used in anyreports or publications resulting from the study.

**Can I see my data? Can I ask to delete them?**
You will have the right to consult your data and ask to correct, adapt, or delete your data at any time before the publication of the report.

**What if I have a question or complaint?**
You can share all your questions, comments and concerns about taking part in this study the research team or send an email message to the supervisors.

| | |
|---|---|
| **Dr. Joris Michielsen** | **Prof. dr. Josefien van Olmen** |
| Institute of Tropical Medicine, Antwerp | University of Antwerp |
| Department of Public Health | Department of Family Medicine & Population Health |
| Nationalestraat 155 | Gouverneur Kinsbergencentrum |
| 2000 Antwerp | Doornstraat 331 |
| | 2610 Antwerp |
| jmichielsen@itg.be | Josefien.vanOlmen@uantwerpen.be |

If for any reason you do not wish to do this, you may contact the Institutional Review Board of the Institute of Tropical Medicine, Antwerp or the Data Protection Officer of the Institute of Tropical Medicine, Antwerp. You can find their contact information in the general Information general Information Sheet (jPPP PIS_ICF Gen v-en.1.2 (11/04/2023)).

**INFORMED CONSENT FORM FOR THE PARTICIPANTS**
**Click Dairy Tool**

Respondent

*(Tick boxes with 'V' if you agree)*

| | |
|---|---|
| I have received a copy of the written information sheets. The researcher explained to me the study in a language that I comprehend. I had enough time to ask questions and all the questions have been answered. | |
| I understand that participation in the study is entirely voluntary and free, and that I can withdraw my consent and stop participating in the study at any time. | |
| I understand and agree that during the use of the ClickDiary, my personal data and study data will be processed audio-recorded, and that the confidentiality of this data will be protected according to the laws. | |
| I agree that my study data can be used for later research, given that this is in the context of this study, and for a better understanding of the illness or its treatment | |
| I freely consent to participate in this study and to cooperate in the test of the ClickDiary tool | |

Researcher

*(Tick boxes with 'V' if you agree)*

| | |
|---|---|
| I declare that I have provided the necessary information regarding the study and rights of the participant orally, that I gave the participant enough time to ask questions and that I answered all these questions to a sufficient level. | |
| I declare that I gave the participant with a copy of the information sheet for participants. | |
| I confirm that no pressure has been exerted on the participant to allow him/her toparticipate in the study. | |

| | |
|---|---|
| Name and first name of the participant:<br><br>Date: | Signature |
| Name and first name investigator:<br><br>Date: | Signature |